

Ephesians

A Four-Week Bible Study

WEEK 1

- 1) Begin with prayer. Ask the Holy Spirit to give you clarity as you read.
- 2) Then with pen in hand, begin to mark it up and write thoughts and questions in the margin.
- 3) After spending time reading, underlining, circling, and making notes, answer the questions at the end of each passage.

Day 1

Acts 19 New International Version (NIV)

Paul in Ephesus

19 While Apollos was at Corinth, Paul took the road through the interior and arrived at Ephesus. There he found some disciples ²and asked them, “Did you receive the Holy Spirit when ^{1a} you believed?”

They answered, “No, we have not even heard that there is a Holy Spirit.”

³So Paul asked, “Then what baptism did you receive?”

“John’s baptism,” they replied.

⁴Paul said, “John’s baptism was a baptism of repentance. He told the people to believe in the one coming after him, that is, in Jesus.” ⁵On hearing this, they were baptized in the name of the Lord Jesus. ⁶When Paul placed his hands on them, the Holy Spirit came on them, and they spoke in tongues ^{6a} and prophesied. ⁷There were about twelve men in all.

⁸Paul entered the synagogue and spoke boldly there for three months, arguing persuasively about the kingdom of God. ⁹But some of them became obstinate; they refused to believe and publicly maligned the Way. So Paul left them. He took the disciples with him and had discussions daily in the lecture hall of Tyrannus. ¹⁰This went on for two years, so that all the Jews and Greeks who lived in the province of Asia heard the word of the Lord.

¹¹God did extraordinary miracles through Paul, ¹²so that even handkerchiefs and aprons that had touched him were taken to the sick, and their illnesses were cured and the evil spirits left them.

¹³Some Jews who went around driving out evil spirits tried to invoke the name of the Lord Jesus over those who were demon-possessed. They would say, “In the name of the Jesus whom Paul preaches, I command you to come out.” ¹⁴Seven sons of Sceva, a Jewish chief priest, were doing this. ¹⁵One day the evil spirit answered them, “Jesus I know, and Paul I know about, but who are you?” ¹⁶Then the man who had the evil spirit jumped on them and overpowered them all. He gave them such a beating that they ran out of the house naked and bleeding.

¹⁷When this became known to the Jews and Greeks living in Ephesus, they were all seized with fear, and the name of the Lord Jesus was held in high honor. ¹⁸Many of those who believed now came and openly confessed what they had done. ¹⁹A number who had practiced sorcery brought their scrolls together and burned them publicly. When they calculated the value of the scrolls, the total came to fifty thousand drachmas. ²⁰In this way the word of the Lord spread widely and grew in power.

²¹After all this had happened, Paul decided ^{21a} to go to Jerusalem, passing through Macedonia and Achaia. “After I have been there,” he said, “I must visit Rome also.” ²²He sent two of his helpers, Timothy and Erastus, to Macedonia, while he stayed in the province of Asia a little longer.

The Riot in Ephesus

²³About that time there arose a great disturbance about the Way. ²⁴A silversmith named Demetrius, who made silver shrines of Artemis, brought in a lot of business for the craftsmen there. ²⁵He called them together, along with the workers in related trades, and said: "You know, my friends, that we receive a good income from this business. ²⁶And you see and hear how this fellow Paul has convinced and led astray large numbers of people here in Ephesus and in practically the whole province of Asia. He says that gods made by human hands are no gods at all. ²⁷There is danger not only that our trade will lose its good name, but also that the temple of the great goddess Artemis will be discredited; and the goddess herself, who is worshiped throughout the province of Asia and the world, will be robbed of her divine majesty."

²⁸When they heard this, they were furious and began shouting: "Great is Artemis of the Ephesians!" ²⁹Soon the whole city was in an uproar. The people seized Gaius and Aristarchus, Paul's traveling companions from Macedonia, and all of them rushed into the theater together. ³⁰Paul wanted to appear before the crowd, but the disciples would not let him. ³¹Even some of the officials of the province, friends of Paul, sent him a message begging him not to venture into the theater.

³²The assembly was in confusion: Some were shouting one thing, some another. Most of the people did not even know why they were there. ³³The Jews in the crowd pushed Alexander to the front, and they shouted instructions to him. He motioned for silence in order to make a defense before the people. ³⁴But when they realized he was a Jew, they all shouted in unison for about two hours: "Great is Artemis of the Ephesians!"

³⁵The city clerk quieted the crowd and said: "Fellow Ephesians, doesn't all the world know that the city of Ephesus is the guardian of the temple of the great Artemis and of her image, which fell from heaven? ³⁶Therefore, since these facts are undeniable, you ought to calm down and not do anything rash. ³⁷You have brought these men here, though they have neither robbed temples nor blasphemed our goddess. ³⁸If, then, Demetrius and his fellow craftsmen have a grievance against anybody, the courts are open and there are proconsuls. They can press charges. ³⁹If there is anything further you want to bring up, it must be settled in a legal assembly. ⁴⁰As it is, we are in danger of being charged with rioting because of what happened today. In that case we would not be able to account for this commotion, since there is no reason for it." ⁴¹After he had said this, he dismissed the assembly.

Outline with bullet points the events of this chapter to get a better handle on the history and cultural climate the Ephesian Church was birthed into?

Day 2

Acts 20 New International Version (NIV)

Paul's Farewell to the Ephesian Elders

¹³We went on ahead to the ship and sailed for Assos, where we were going to take Paul aboard. He had made this arrangement because he was going there on foot. ¹⁴When he met us at Assos, we took him aboard and went on to Mitylene. ¹⁵The next day we set sail from there and arrived off Chios. The day after that we crossed over to Samos, and on the following day arrived at Miletus. ¹⁶Paul had decided to sail past Ephesus to avoid spending time in the province of Asia, for he was in a hurry to reach Jerusalem, if possible, by the day of Pentecost.

¹⁷From Miletus, Paul sent to Ephesus for the elders of the church. ¹⁸When they arrived, he said to them: "You know how I lived the whole time I was with you, from the first day I came into the province of Asia. ¹⁹I served the Lord with great humility and with tears and in the midst of severe testing by the plots of my Jewish opponents. ²⁰You know that I have not hesitated to preach anything that would be helpful to you but have taught you publicly and from house to house. ²¹I have declared to both Jews and Greeks that they must turn to God in repentance and have faith in our Lord Jesus.

²²"And now, compelled by the Spirit, I am going to Jerusalem, not knowing what will happen to me there. ²³I only know that in every city the Holy Spirit warns me that prison and hardships are facing me. ²⁴However, I consider my life worth nothing to me; my only aim is to finish the race and complete the task the Lord Jesus has given me—the task of testifying to the good news of God's grace.

²⁵"Now I know that none of you among whom I have gone about preaching the kingdom will ever see me again. ²⁶Therefore, I declare to you today that I am innocent of the blood of any of you. ²⁷For I have not hesitated to proclaim to you the whole will of God. ²⁸Keep watch over yourselves and all the flock of which the Holy Spirit has made you overseers. Be shepherds of the church of God,^[a] which he bought with his own blood.^[b] ²⁹I know that after I leave, savage wolves will come in among you and will not spare the flock. ³⁰Even from your own number men will arise and distort the truth in order to draw away disciples after them. ³¹So be on your guard! Remember that for three years I never stopped warning each of you night and day with tears.

³²"Now I commit you to God and to the word of his grace, which can build you up and give you an inheritance among all those who are sanctified. ³³I have not coveted anyone's silver or gold or clothing. ³⁴You yourselves know that these hands of mine have supplied my own needs and the needs of my companions. ³⁵In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.' "

³⁶When Paul had finished speaking, he knelt down with all of them and prayed. ³⁷They all wept as they embraced him and kissed him. ³⁸What grieved them most was his statement that they would never see his face again. Then they accompanied him to the ship.

What are the main points of Paul's address to the leaders' of the Ephesian church?

What does the parting response of the Ephesian church leaders tell you about their relationship with Paul?

Day 3

Ephesians 1 New International Version (NIV)

1 Paul, an apostle of Christ Jesus by the will of God,

To God's holy people in Ephesus,^[a] the faithful in Christ Jesus:

²Grace and peace to you from God our Father and the Lord Jesus Christ.

Praise for Spiritual Blessings in Christ

³Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. ⁴For he chose us in him before the creation of the world to be holy and blameless in his sight. In love ⁵he^[b] predestined us for adoption to sonship^[c] through Jesus Christ, in accordance with his pleasure and will— ⁶to the praise of his glorious grace, which he has freely given us in the One he loves. ⁷In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace ⁸that he lavished on us. With all wisdom and understanding, ⁹he^[d] made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, ¹⁰to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.

¹¹In him we were also chosen,^[e] having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, ¹²in order that we, who were the first to put our hope in Christ, might be for the praise of his glory. ¹³And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit, ¹⁴who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.

Pay attention to Repeated words (chose, predestined, pleasure, praise, etc.)

From this passage, what motivates God to act the way He does toward His Children?

What truth(s) can you take from this passage into the rest of this day? Ask the "promised Holy Spirit" (v. 13) to bring these truths to your mind throughout this day.

Day 4

Ephesians 1 (Continued) New International Version (NIV)

Thanksgiving and Prayer

¹⁵For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, ¹⁶I have not stopped giving thanks for you, remembering you in my prayers. ¹⁷I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit^u of wisdom and revelation, so that you may know him better. ¹⁸I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, ¹⁹and his incomparably great power for us who believe. That power is the same as the mighty strength ²⁰he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, ²¹far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come. ²²And God placed all things under his feet and appointed him to be head over everything for the church, ²³which is his body, the fullness of him who fills everything in every way.

What are the various parts of Paul's prayer for the Ephesians?

What is wisdom (Proverbs 1:7)? What is revelation? How do wisdom and revelation help us to know God better (v. 17)?

Take some time to pray. Use Paul's prayer as a guide as you pray for our church, your small group, your neighbors, your co-workers, etc.

Day 5

Ephesians 2 New International Version (NIV)

Made Alive in Christ

2 As for you, you were dead in your transgressions and sins, ²in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. ³All of us also lived among them at one time, gratifying the cravings of our flesh^[a] and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. ⁴But because of his great love for us, God, who is rich in mercy, ⁵made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. ⁶And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, ⁷in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. ⁸For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— ⁹not by works, so that no one can boast. ¹⁰For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

From this passage, write down and contrast the characteristics of “dead in transgressions” vs. “alive with Christ”?

Meditate upon verses 8 and 9. Read it over and over gathering information on the relationship between grace and faith and good works and etc.

Ask the Holy Spirit to allow the truths found in this passage to inform, transform and infect your words and deeds today.